

Be honest and truthful

Honesty is extremely important in any relationship. It makes up one of the many strong foundations upon which we live our lives and is one of the first qualities we expect from our partners.

As her husband, one of the main things your wife will want from you is honesty. You need to be honest to your wife, your children and, just as importantly, yourself. If you aren't truthful with yourself you are holding back who you really are. You need to be honest about your expectations of yourself and your wife and you need to be truthful about where you are and who you are with.

Being truthful about the everyday, small things in life is how you build the basis for the bigger, more important issues when they arise. If your wife can't trust you pay the bills on time how can she trust you to make sure your home is financially secure and you are protecting your family? The occasional little "white lies" that may seem inconsequential because you don't want to upset her at the time can start to wear away the trust she has for you and when something important happens and you want her understanding, it just won't be there.

If there is something you know your wife doesn't like you doing it's best you don't do it at all, rather than do it and lie about it. Ask for her understanding, explain what you want to do and why you want to do it. If you disagree and you decide to do it anyway, tell her that, rather than do it behind her back. She will have more acceptance for your choice than she will of your lack of honesty.

Whatever your expectations of each other, be honest with each other about them. Talk often about your feelings, because your true feelings will help keep the marriage together and strong.